

## 1600 METER RUN - MINNESOTA ALL-TIME

3:59.70 Rob Finnerty, Burnsville 2008 (4:01.09y)  
 4:02.72 Joe Klecker, Hopkins 2015 (4:04.13y)  
 4:03.6 Garry Bjorklund, Proctor 1969 (4:05.1y)  
 4:04.31 Jaret Carpenter, Wayzata 2016 (4:05.73y)  
 4:05.75 Jordan Carlson, Rosemount 2008 (4:07.18y)  
 4:06.89 Nick Schneider, Benilde-St Margaret's 2000 (4:08.33y)  
 4:07.82 Steve Holman, Richfield 1988 (4:09.26y)  
 4:08.00 Noah Breker, Robbinsdale Armstrong 2023  
 4:08.06 Bryce Stachewicz, Lakeville North 2023  
 4:08.89 Robert Mechura, Roseville Area 2024  
 (10)  
 4:09.00 Garrett Heath, Winona 2004  
 4:09.10 Ben Blankenship, Stillwater Area 2007  
 4:09.32 Aidan Jones, Minneapolis Washburn 2023  
 4:09.38 Eli Krahn, Stillwater Area 2013  
 4:09.59 Paul Hilsen, Lakeville South 2007 (4:11.04y)  
 4:09.5 Bob Redenbaugh, Rochester JM 1976 (4:11.0y)  
 4:10.0 Rob Carney, Burnsville 1978 (4:11.5y)  
 4:10.27 Daniel VanAcker, Forest Lake Area 2022  
 4:10.29 Elliot Heath, Winona 2007  
 4:10.1 Mike Slack, St Paul Harding 1969 (4:11.6y)  
 (20)  
 4:10.42i Elliott McArthur, Mounds View 2021 (4:11.88y)  
 4:10.42 Wayde Hall, Stillwater Area 2013  
 4:10.2 Ian Keith, Rochester Mayo 1976 (4:11.7y)  
 4:10.53 William Skelly, Mounds View 2022 (4:10.98y)  
 4:10.78 Andy Richardson, Irondale 2007  
 4:10.6 Tim Harris, Henry Sibley 1972 (4:12.1y)  
 4:10.6 Dan Lyndgaard, New Richland 1972 (4:12.1y)  
 4:10.6 Steve Plasencia, Cooper 1974 (4:12.1y)  
 4:10.91 Obsa Ali, Richfield 2013  
 4:11.0 Scott Clark, Osseo 1976 (4:12.5y)  
 (30)  
**4:11.23 Matthew Lindgren, Totino Grace 2025 (4:12.69y)**  
 4:11.25 Emmett Gerres, Belle Plaine 2023 (4:13.72y)  
 4:11.25 Cameron Stocke, Rock Ridge 2023  
**4:11.25 Jack Leuer, Big Lake 2025**  
**4:11.46 Sean Fries, Minnetonka 2025**  
 4:11.60 Nolan Sutter, Chaska 2024  
 4:11.5 Tim O'Donnell, Simley 1975 (4:13.0y)  
 4:11.5 Larry Berkner, Ely 1975 (4:13.0y)  
**4:11.94 Bjorn Anderson, Perham 2025**  
 4:12.02 Shane Streich, Waseca 2015  
 (40)  
 4:12.05 Joey Duerr, Chaska 2013  
 4:12.11 Jacob Sandry, Bloomington Jefferson 2010  
 4:12.17 Justin Hyytinen, Farmington 2015  
 4:12.27 Luke Watson, Stillwater Area 1998  
 4:12.32 Seth Eliason, Hopkins 2017  
 4:12.1 Mike Hanley, Anoka 1968 (4:13.6y)  
 4:12.44 Gabe Smit, Prior Lake 2021  
 4:12.45 Riley Macon, Rochester Mayo 2012  
 4:12.49 Hamza Ali, Mpls Washburn 2016  
 4:12.57 Khalid Hussein, Wayzata 2017  
 (50)  
 4:12.4 Mike Gebeke, WB Mariner 1979  
 4:12.67 Eli Hoeft, Hopkins 2019  
 4:12.72 Connor Olson, Wayzata 2015  
 4:12.5 Ben Grockett, Mpls Roosevelt 1967 (4:14.1y)  
 4:12.7 Jay Schoenfelder, Duluth East 1995  
 4:13.00 Jack Manderscheid, Edina 2016  
 4:13.07 Andy Tate, Stillwater 1996  
 4:13.13 Jeremy Polson, Duluth Denfeld 1996  
 4:12.9 Donovan Bergstrom, Elgin-Millville 1988  
 4:13.25 Austin Streit, Mounds View 2019  
 (60)

4:13.1 John Purves, Rochester JM 1971 (4:14.6y)  
 4:13.36 Ethan Foote, Stillwater 2024  
 4:13.42 Will Burke, Edina 2013  
 4:13.51 Ryan Kollman, Centennial 1996  
 4:13.54 Ryan Little, Eden Prairie 2007  
 4:13.54 Owen Layton, Big Lake 2024  
 4:13.56 Ben Hanson, Buffalo 2001  
 4:13.59 Tom Schmidt, Faribault 2002  
 4:13.59 Brian Brochman, Stillwater 2010  
 4:13.61 Josh Thorson, Wayzata 2012  
 (70)  
**4:13.62 Will Ahrens, Redwood Valley 2025 (4:15.09y)**  
**4:13.67 Casey Poppler, Mounds View 2025 (4:15.14y)**  
**4:13.68 Salvador Wirth, Annandale 2025**  
**4:13.69 Tyler Flippen, Andover 2025 (4:15.17y)**  
 4:13.77 Owen Hoeft, Hopkins 2016  
 4:13.6 Bob Wagner, St Louis Park 1965 (4:15.1y)  
 4:13.85 Max Manley, Edina 2018  
 4:13.86 Zack Benning, Hastings 2014  
 4:13.93 Ernest Mattson, White Bear Lake 2022  
 4:13.98 T.C. Lumbar, Edina 2007  
 (80)  
 4:13.98 Ryan Mulrooney, Rosemount 2023  
 4:14.04 Mike VanBeusekom, Irondale 2003  
 4:13.9 Pat Kriedler, Dul Denfeld 1969 (4:15.4y)  
 4:14.17 Hassan Mead, Mpls South 2007  
 4:14.17 Michael Hutton, Apple Valley 2008  
 4:14.18 Josh DoBell, Mankato East 2000  
 4:14.0 Tim Richardt, Rochester JM 1974 (4:15.5y)  
 4:14.37 Mark Narveson, Mankato West 1988  
 4:14.39 Matt Steiger, LaCrescent 2018  
 4:14.2 John Keohen, Montgomery 1978 (4:15.7y)  
 (90)  
**4:14.46 Gabe Hallen, Orono 2025 (4:15.94y)**  
 4:14.48 Sam Scott, Minneapolis Southwest 2024  
 4:14.53 Mar Jang, Mpls Edison 2002  
 4:14.4 Gary Wilde, Mpls Roosevelt 1969 (4:15.9y)  
 4:14.4 John Long, Totino Grace 1985  
 4:14.65 Jason Owen, Stewartville 1995  
 4:14.67 Jacob McDermott, Cretin-Derham Hall 2013  
 4:14.5 Tom Poliseno, Little Falls 1977 (4:16.0y)  
 4:14.74 Luke Labatte, Rosemount 2019  
 4:14.78 Steve Leuer, Osseo 1996  
 (100)  
 4:14.78 Max Westerlund, Minnetonka 2023  
 4:14.80 Blayne Dulan, Coon Rapids 2010  
 4:14.88 Andrew Brandt, Wayzata 2019  
 4:14.90 Isaiah Anderson, Mankato East 2024  
 4:14.7 Dennis Fee, White Bear Lake 1972 (4:16.2y)  
 4:15.00 Andrew Casey, Lakeville North 2022  
 4:14.8 Tim Turnbull, Hopkins 1966 (4:16.3y)  
 4:14.8 Craig Greenslit, Hastings 1988  
 4:15.04 Ted Gustafson, Owatonna 2000  
 4:15.18 Kevin Docherty, Cretin-Derham Hall 2012  
 (110)  
 4:15.20 Matt Yak, Faribault 2007  
 4:15.20 Donny Wasinger, Winona Cotter 2008  
 4:15.23 Isaac Basten, Buffalo 2019  
 4:15.23 Tyler Kissell, Wayzata 2024  
 4:15.0 Lindsay Brown, Stillwater 1978 (4:16.5y)  
 4:15.30 Will Weber, Wayzata 2024  
 4:15.32 River Santiago, Blaine 2024  
 4:15.1 Greg Nelson, Mpls Washburn 1967 (4:16.6y)  
 4:15.1 Kim Baron, Proctor 1970 (4:16.6y)  
 4:15.35 Aiden Kilibarda, Stillwater 2021  
 (120)

4:15.37 Mike Torchia, Rochester Lourdes 2006  
 4:15.39 Jake Autio, St. Michael-Albertville 2010  
 4:15.43 Ben Scheller, Chanhassen 2021  
 4:15.44 Tom Burke, Edina 2007  
 4:15.46 Carson Hoeft, Armstrong 1985  
 4:15.46 Neil Grosscup, Minneapolis Southwest 2003  
 4:15.50 Sam Carlson, Bemidji 2014  
 4:15.55 Neil Hanson, Fairmont 1999  
 4:15.59 Cameron Arkesteyn, Wayzata 2019  
 4:15.69 Eric Colvin, Stillwater Area 2013  
 (130)  
 4:15.70 Leo Goodman, Hopkins 2021  
 4:15.71 Chris Erichsen, Kingsland 2004  
 4:15.77 Alex Miley, Maple Grove 2017  
 4:15.79 Nathan Schultz, East Ridge 2024  
 4:15.81 Acer Iverson, Roseville Area 2019  
 4:15.6 Dave Jones, Duuthl Morgan Park 1967 (4:17.1y)  
 4:15.6 Dave Kampa, St Cloud 1969 (4:17.1y)  
 4:15.91 Danny Docherty, Cretin-Derham Hall 2008 (4:17.61y)  
**4:15.92 Jace Haerter, Edina 2025**  
 4:15.93 Gabe Birkmeier, Andover 2022  
 (140)  
 4:15.7 Bruce Johnson, Minnetonka 1966 (4:17.2y)  
 4:16.00 Alexander Carrabre, Waconia 2016  
 4:16.00 Shef West, Blake 2022  
 4:15.8 Nick Golebiowski, St. Cloud Cathedral 2012  
 4:16.12 Yonas Seyum, St Paul Arlington 2000  
 4:15.9 Kurt Roth, SP Cretin 1975 (4:17.4y)  
 4:15.9 Mark Feyereisen, Grace 1977 (4:17.4y)  
 4:15.9 Don Hurley, SP Cretin 1978 (4:17.4y)  
 4:15.9 Brian Kraft, Bemidji 1981  
 4:15.9 Jim Larranaga, Holy Angels 1984  
 (150)  
 4:16.17 Moses Heppner, Warroad 2009  
 4:16.19 Hootie Hage, Prior Lake 2024  
 4:16.23 Mason Ferlic, Mounds Park Academy 2011  
 4:16.30 Will Just, Minneapolis Washburn 2024  
 4:16.1 Steve Sanford, Edina 1965 (4:17.6y)  
 4:16.1 Gary Delaney, White Bear Lake 1978 (4:17.6y)  
 4:16.38 Jacob McCleary, Perham 2021  
 4:16.41 William Leer, Minnetonka 2003  
 4:16.47 Joel Reichow, White Bear Lake 2012  
 4:16.54 Brennen Peterson, Rosemount 2021  
 (160)  
 4:16.55 David VanOrsdell, Hopkins 2002  
**4:16.59 James Thomas, Minnetonka 2025 (4:18.08y)**  
 4:16.62 Casey Ide, Red Wing 2002  
 4:16.4 Van Nelson, Mpls Washburn 1964 (4:17.9y)  
 4:16.4 John Wodny, Cloquet 1985  
 4:16.70 Doug Debold, Hopkins 2007  
 4:16.72 Christian Skaret, Minnetonka 2011  
 4:16.5 Jake Watson, Stillwater 2004  
 4:16.74 Justin Grunewald, Brainerd 2004  
 4:16.74 Jace Haerter, Edina 2024  
 (170)  
 4:16.75 Adam Zutz, St. Francis 2011  
**4:16.80 Max Salas, St Michael-Albertville 2025**  
 4:16.6 Dan Spear, Alexander Ramsey 1973 (4:18.1y)  
 4:16.84 Greg DeFor, Jefferson 1985  
 4:16.84 Ian Eklun, Wayzata 2015  
 4:16.85 Jonathan Stublaski, Henry Sibley 2006  
 4:16.85 Zach Miller, Edina 2017  
 4:16.87 Ryan Malmin, Hopkins 2000  
 4:16.91 Tyler Vos, Minnetonka 2024  
 4:16.92 Forrest Tahdoahnippah, Mpls. Southwest 2002  
 (180)  
 4:16.92 Bailey Hesse-Withbroe, Stillwater 2015  
 4:16.92 Addison Stansbury, Stillwater 2019  
 4:16.7 Pat Kelly, SP Monroe 1965 (4:18.2y)  
 4:16.7 Walter Johnson, Mpls Southwest 1975 (4:18.4y)  
 4:16.99 Jason Greene, Lakeville 1996  
 4:16.99 Oliver Paleen, St. Paul Highland Park 2019  
 4:17.02 Nick Hutton, Apple Valley 2008  
 4:17.02 Alden Keller, Breck 2023  
 4:16.8 Mike McGowan, Blue Earth 1979 (4:18.3y)  
 4:17.06 Tom Breuckman, Andover 2018  
 (190)  
 4:17.11 Corey Moody, Osseo 2017  
 4:17.12 Owen Lindseth, Minneapolis Southwest 2022  
 4:16.9 Mike Brown, Stillwater 1985  
 4:16.9 Todd Beetcher, Rochester Mayo 1985  
 4:16.9 Jeff Taylor, Mounds View 1985  
 4:16.9 Charlie Lawrence, Foley 2012  
 4:17.0 Phillip Lavallee, Monticello 2012  
 4:17.24 Lucas Mueller, Nova Classical Academy 2017  
 4:17.25 Tyler King, Lakeville North 2007  
 4:17.26 Landon Hering, Hopkins 2024  
 (200)  
 4:17.33 Sean Graham, Stillwater Area 1999  
 4:17.33 Jesse Prince, Bemidji 1999  
 4:17.1 Lane Wieker, Armstrong 1975 (4:18.6y)  
 4:17.1 Dan Fjelstad, Albert Lea 1975 (4:18.6y)  
 4:17.1 Chris Thompson, Faribault 1989  
 4:17.2 Mike Johnson, Osseo 1985  
**4:17.44 Noah Daniel, Eagan 2025 (4:18.94y)**  
 4:17.45 Hunter Staack, Hopkins 2016  
 4:17.47 John Holt, Roseville 2009  
 4:17.49 Jeff Svedahl, Cloquet 1986  
 (210)  
 4:17.49 Pete Zambrano, Hibbing 1989  
 4:17.54 Dan Fadgen, Buffalo 2005  
 4:17.57 Steven Dado, Totino Grace 2011  
 4:17.4 Mark McConnon, Monticello 1987  
 4:17.64 Jackson Wiley, Eden Prairie 2007  
 4:17.70 Steve Briggs, Winona 1988  
 4:17.5 Scott Ergen, St. Cloud Tech 1979  
 4:17.77 Cade Sandvik, Osseo 2024  
 4:17.78 Geno Uhrbom, Greenway/Nashwauk/Keewatin 2021  
 4:17.80 Pat Lehmann, Plainview 2002  
 (220)  
**4:17.80 Elijah Magare, Eden Prairie 2025**  
 4:17.82 Eddie Kibira, Minneapolis Edison 2003  
 4:17.86 Tom Linner, Stillwater Area 2012  
 4:17.88 Levi Hammerbeck, Mounds View 2024  
 4:17.90 Patrick Roos, Edina 2017  
 4:17.91 Gemechu Meskele, Wayzata 2016  
 4:17.92 Nic Scheller, Chanhassen 2018  
 4:17.7 Scott Slaughter, Bloomington Jefferson 1972 (4:19.2y)  
 4:17.7 Brad Holmberg, North St Paul 1973 (4:19.4y)  
 4:17.95 Ben Vanderbosch, White Bear Lake 2018  
 (230)  
 4:17.98 Zach Roozen, Mounds View 2012  
 4:17.98 Kaleb Sharp, Jordan 2023  
 4:17.8 Ron Watters, White Bear Lake 1968 (4:19.3y)  
 4:17.8 Mike Engh, White Bear Lake 1969 (4:19.3)  
 4:17.8 Derrick Poirier, St Francis 1985  
 4:18.04 Kevin Dado, Totino Grace 2016  
 4:18.04 Shuayb Hussein, Wayzata 2019  
 4:17.9 Rob Serres, LaCrescent 1975 (4:19.6y)  
 4:17.9 Doug Schneider, Eden Prairie 1981  
 4:17.9 Kaafi Adeys, Willmar 2007  
 (240)

4:18.15 Dave Groos, Mpls Washburn 1979  
4:18.17 Eli Hall, Pequot Lakes 2024  
4:18.22 Geno Uhrbom, Greenway/Nashwauk/K 2019  
4:18.0 Dennis Sewill, Osseo 1968 (4:19.5y)  
4:18.0 Darrin Shephardson, Winona 1985  
**4:18.25 Owen Stuewe, Shakopee 2025**

4:18.27 Jake Derouin, Eden Prairie 2019  
4:18.30 Alex Gutierrez, Eden Prairie 2021  
4:18.32 Luke Scholtes, Mankato East 2024  
4:18.1 Jim Gathje, Rochester Lourdes 1982  
4:18.1 Paul Gisselquist, Richfield 1982  
(251)

The USTFCCA uses the factor of .9942 to convert from yards to meters.

For handheld times this is about 1.5 seconds.

For ranking purposes hand-held times recorded to the tenth of a second are considered .24 seconds slower. For example, Slack's 4:10.1 is considered comparable to a 4:10.34.

**11/11/25**